November 2026

The Gardens Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45am Coffee & Chat 10:00am Hymn Sing Along 10:45am Word Games 12:30pm Walking Group 1:00pm BINGO 2:15pm Pet Therapy with Lenny & Simon (MC) 2:30pm Refreshments 4:00pm Classic Movies Daylight Saving Time Ends	**2** 9:45am Coffee & Chat 10:15am Morning Stretch 10:45amWord Games 12:30pm Sing Along! 1:00pm Communion 1:30pm Chicken Soup For The Soul Stories 2:30pm Refreshments 4:00pm Animal Videos	**3** 9:15am Coffee & Trivia 11:00am Table Games 12:45pm Scenic Van Trip with Joanne 2:30pm Refreshments 3:15pm Puzzles/Leisure Art 4:00pm Travelogue	**4** 9:45am Coffee & Chat 10:15am Seated Yoga 11:00am Scott-Farrar Singers (MC) 12:30pm Craft-Stencil Art 1:30pm Balloon Volleyball (auditorium) 1:30pm Reminisce 2:30pm Refreshments 3:30pm Classical TV	**5** 9:45am Coffee & Chat 10:15am Morning Stretch 11:00am Mass/ Religious (Aud) 12:30pm Craft 1:30pm Presentation Old Man of the Mountain (Aud) 2:30pm Refreshments 3:15pm Puzzles/Leisure Art 4:00pm Nature	**6** 9:45am Coffee & Chat 10:15am Standing Balance & Tai Chi 10:45am Reminisce 12:30pm Spa (nail & hand massage) 1:30pm Music with Mark L! (MC) 2:30pm Refreshments 3:15pm Water Color Painting	**7** 10:00am Word Games 11:00am Music~ 40/50's greatest hits! 12:30am Balloon Games 1:30pm Puzzles/Adult Coloring & Art 2:30pm Refreshments & Musicals
8 9:45am Coffee & Chat 10:00am Hymn Sing Along 10:45am Word Games 12:30pm Walking Group 1:00pm BINGO 2:15pm Pet Therapy with Lenny & Simon (MC) 2:30pm Refreshments 4:00pm Classic Movies Diwali (Hindi)	**9** 9:45am Coffee & Chat 10:15am Morning Stretch 10:45amWord Games 12:30pm Baking Group! 1:30pm Reminisce Stories 2:30pm Refreshments 4:00pm Animal Videos	**10** 9:15am Coffee & Word Play 10:00am Music & Movement with Mary (MC) 11:00am Table Games 1:00pm BINGO 2:00pm Choppy Choir (MC) 2:30pm Refreshments 3:15pm Puzzles/Leisure Art 4:00pm Travelogue	**11** 9:45am Coffee & Chat 10:15am Seated Yoga 11:00am Trivia 12:30pm Craft-Gratitude Leaves 1:30pm Balloon Volleyball (auditorium) 1:30pm Reminisce 2:30pm Refreshments 3:30pm Classical TV Veterans Day Remembrance Day (Canada)	**12** 9:45am Coffee & Chat 10:15am Morning Stretch 10:45am Word Games 12:30pm Craft 1:30pm Music by Suzanne & Larry (Aud) 2:30pm Refreshments 3:15pm Puzzles/Leisure Art 4:00pm Nature Videos Videos/Relaxation	**13** 9:45am Coffee & Chat 10:15am Standing Balance & Tai Chi 10:45am Reminisce 12:30pm Spa (nail & hand massage) 2:00pm Pet Therapy with Isis-Ria and Gale! (MC) 2:30pm Refreshments 3:15pm Water Color Painting	**14** 10:00am Word Games 11:00am Music~ 40/50's greatest hits! 12:30am Balloon Games 1:30pm Puzzles/Adult Coloring & Art 2:30pm Refreshments & Musicals
15 9:45am Coffee & Chat 10:00am Hymn Sing Along 10:45am Word Games 12:30pm Walking Group 1:00pm BINGO 2:15pm Pet Therapy with Lenny & Simon (MC) 2:30pm Refreshments 4:00pm Classic Movies	**16** 9:45am Coffee & Chat 10:15am Morning Stretch 10:45amWord Games 12:45pm Van Trip with Melanie 1:00pm Communion 1:30pm Chicken Soup For The Soul Stories 2:30pm Refreshments 4:00pm Animal Videos	**17** 9:15am Coffee & Trivia 11:00am Table Games 1:00pm BINGO 2:30pm Refreshments 3:15pm Puzzles/Leisure Art 4:00pm Travelogue	**18** 9:45am Coffee & Chat 10:15am Seated Yoga 11:00am Scott-Farrar Singers (MC) 12:30pm Craft-Oil Pastels 1:30pm Balloon Volleyball (auditorium) 1:30pm Reminisce 2:30pm Refreshments 3:30pm Classical TV	**19** 9:45am Coffee & Chat 10:15am Morning Stretch 10:45am Word Games 12:30pm Craft 1:30pm Keene Chamber Orchestra (Aud) 2:30pm Refreshments 3:15pm Puzzles/Leisure Art 4:00pm Nature Videos/Relaxation	**20** 9:45am Coffee & Chat 10:15am Standing Balance & Tai Chi 10:45am Reminisce 12:30pm Spa (nail & hand massage) 2:30pm Refreshments 3:15pm Water Color Painting 4:00pm Classical Movies	**21** 10:00am Word Games 11:00am Music~ 40/50's greatest hits! 12:30am Balloon Games 1:30pm Puzzles/Adult Coloring & Art 2:30pm Refreshments & Musicals
22 9:45am Coffee & Chat 10:00am Hymn Sing Along 10:45am Word Games 12:30pm Walking Group 1:00pm BINGO 2:15pm Pet Therapy with Lenny & Simon (MC) 2:30pm Refreshments 4:00pm Classic Movies	**23** 9:45am Coffee & Chat 10:15am Morning Stretch 10:45amWord Games 12:30pm Baking Group! 1:15pm Walking Group 1:30pm Reminisce Stories 2:30pm Refreshments 4:00pm Animal Videos	**24** 9:15am Coffee & Word Play 10:00am Music & Movement with Mary (MC) 11:00am Table Games 1:00pm BINGO 2:30pm Refreshments 3:15pm Puzzles/Leisure Art 4:00pm Travelogue	**25** 9:45am Coffee & Chat 10:15am Seated Yoga 11:00am Trivia 12:30pm Craft-Holiday décor painting 1:30pm Balloon Volleyball (auditorium) 1:30pm Reminisce 2:30pm Refreshments 3:30pm Classical TV	**26** 9:45am Coffee & Chat 10:15am Morning Stretch 10:45am Word Games 12:30pm Craft 1:30pm Walking Group 2:30pm Refreshments 3:15pm Puzzles/Leisure Art 4:00pm Nature Videos/Relaxation Thanksgiving Day (U.S)	**27** 9:45am Coffee & Chat 10:15am Standing Balance & Tai Chi 10:45am Reminisce 12:30pm Spa (nail & hand massage) 2:30pm Refreshments 3:15pm Water Color Painting 4:00pm Classical Movies	**28** 10:00am Word Games 11:00am Music~ 40/50's greatest hits! 12:30am Balloon Games 1:30pm Puzzles/Adult Coloring & Art 2:30pm Refreshments & Musicals
29 9:45am Coffee & Chat 10:00am Hymn Sing Along 10:45am Word Games 12:30pm Walking Group 1:00pm BINGO 2:15pm Pet Therapy with Lenny & Simon (MC) 2:30pm Refreshments 4:00pm Classic Movies	**30** 9:45am Coffee & Chat 10:15am Morning Stretch 10:45amWord Games 12:30pm Sing Along! 1:00pm Communion 1:30pm Chicken Soup For The Soul Stories 2:30pm Refreshments 4:00pm Animal Videos					

Scott-Farrar at Peterborough 11 Elm St, Peterborough, NH 03458